

## Introduction

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Dear Student and Parent,

Congratulations on passing tryouts and welcome to ALCA Athletics! We are delighted that you have chosen to use your athletic ability for the glory of God. It is our goal to assist you in any way we can.

This handbook is a reference guide for your use. You are responsible to know and comply with the policies stated here and in your Student/Parent Handbook at all times. Clear and consistent cohesion with the items presented in these handbooks will facilitate your athletic path and make your participation smooth and successful.

As you compete in our athletic program as a representative of ALCA, please be reminded that you are also Christ's ambassador. We see sports competitions as a venue to proclaim the Good News of the Gospel. ALCA athletes are expected to do good and despise evil, as they pursue an everlasting crown; "Athletes work hard to win a crown that cannot last, but we do it for a crown that will last forever." 1st Corinthians 9: 24

In Christ's service,

*Mrs. Stacy Angier, M.Ed.*

Principal

*Coach Don Farrell*

Athletic Director

## **NOTICE OF NON-DISCRIMINATORY POLICY**

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Abundant Life Christian Academy (ALCA) admits staff and students of any race, color, national or ethnic origin to all rights, privileges, programs, and activities generally made available to students at the school. ALCA does not discriminate on the basis of race, color, national or ethnic origin in administration of its educational policies, admissions policies, scholarships, athletics, or any other school-sponsored programs.

## **DISCLAIMER**

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ALCA is constantly striving to improve its policies and procedures and reserves the right to amend any policy or statement in this handbook at any time without prior notification. This handbook should not be misconstrued as a contract.

## **CONSENT FORMS/PHYSICALS**

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Each athlete is required by the Florida High School Association (FHSAA) to submit (1) a Physical Form, (2) a Consent Form, (3) a Concussion Form, and (4) an ALCA Permission Form. These forms must be submitted to the coaches before the first practice.

Failure to submit the above forms in a timely manner will prevent participation in any practice and game, until said forms have been submitted.

## **CONCUSSION AWARENESS STUDENT TRAINING**

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All middle and high school students who represent the school in interscholastic sports must view a concussion video by FHSAA and, along with their parents or guardian, sign the Concussion form provided by FHSAA, before the first day of practice.

Failure to submit the above form in a timely manner will prevent participation in practices and games, until said form have been submitted.

## **FEES**

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The athletic fee for participating on a sports team each year will be set by school administration.

## **GRADES**

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Athletes are required to maintain a 2.0 GPA with no Fs in order to represent the Academy. Coaches will request information about student progress.

## **DIRECTIONS**

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Information regarding game dates, locations, and directions will be made available through the school website, the coaches, and/or the school office.

## **TRANSPORTATION**

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All athletes will ride the school bus as a team to and from each game. Athletes must follow all bus rules while riding the bus. Failure to follow all bus rules will prevent participation in the next game. At coaches' discretion and upon authorization, athletes may ride home with an approved adult after a game. If such permission is granted, the adult must sign out the athlete on the designated sign-out sheet.

## **PICK UP**

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It is important that parents pick up athletes after each practice and after each game on time. Failure to pick up athletes on time will result in EXS fees being charged and may prevent further participation.

## **ABSENCE ON GAME DAY**

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Unless excused by administration, an athlete that misses school on game day will not be allowed to play.

Athletes on out-of-school suspension (OSS) may not participate in any games until OSS has been served and completed.

## **PRACTICE TIMES**

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Coaches are responsible for setting up practice times before and during the season with the approval of the school principal and athletics director. Coaches must inform the parents of these practice times.

Inability to attend a practice or game of any sport must be prearranged with the respective coach directly.

## **UNIFORMS**

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Game uniforms will be distributed by the coaches before the first game.

All game uniforms remain school property and must be maintained with care. Game uniforms must be returned at the end of the season to the respective coaches in mint condition. Failure to return a uniform at the end of the season will result in report cards being withheld and/or a uniform fee charge.

## **INJURIES**

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In the event that an athlete is injured during a scheduled practice or game, an accident report (available in the school office) will be filled out and parents notified. The signed accident report must be submitted to the school office before the end of the day on which the accident occurred.

## **SPORTS AWARDS**

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The Sports Awards Celebration is held in May of each year to honor athletes and coaches. All athletes and coaches are expected to attend.

Athletes who did not participate in at least 4 competitive games or fail to finish their season without administrative consent will not receive awards during the celebration.

## **BOOSTER CLUB**

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The Booster Club spearheads all fundraising for the athletic program and is responsible for coordinating all home game day activities (gates, concession, etc). The club will, within FHSAA and school administrative guidelines, determine admission fees to all league games and tournaments.

## **PARENTS/VOLUNTEERS**

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All parents will be required to work the concession stand or the entrance gate at least once during each sport played.

## **DEFINITIONS**

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1. Team  
A team, also referred to as 'active roster' or 'starters,' is a group of players on the sports team who are allowed to play in all games.
2. Practice Team  
The practice team, also referred to the 'practice squad' or 'practice roster,' is a group of players on the sports team whose task is to emulate the opposing team for practice purposes.

Practice team players practice and drill alongside starters but are not allowed to play in actual games. Squad players may be promoted to the active roster of their current team as team management sees fit.

The practice squad is sometimes composed of members who are unable to compete in games due to administrative and/or FHSAA rules or regulations, but are groomed for future participation or replacement of current starters upon leaving the Academy.